



પરિપત્ર:

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી સંલગ્ન આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ કોલેજોનાં આચાર્યશ્રીઓને સવિનય જણાવવાનું કે આર્ટસ વિદ્યાશાખા હેઠળનો NEP-૨૦૨૦ અંતર્ગતનો મનોવિજ્ઞાન વિષય (બી.એ. સાયકોલોજી વિથ ઓનર્સ) સેમેસ્ટર-૧ના અભ્યાસક્રમમાં રિવાઈઝડ પેપર સ્ટાઈલ (SOP, શિક્ષણવિભાગ, ગુજરાત સરકારની ગાઈડલાઈન્સ પ્રમાણે) જેની સાથેનો ૨૦૨૩-૨૪નો અભ્યાસક્રમ આ સાથે સામેલ છે. જેઆપને વિદિત થાય.

માનનીય કુલપતિશ્રીની મંજૂરી અનુસાર સદર અભ્યાસક્રમ શૈક્ષણિક વર્ષ જુન, ૨૦૨૩ થી અમલવારી કરવાની રહે છે. આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમ ચલાવતી તમામ સંલગ્ન કોલેજો ધ્વારા તેની અમલવારી કરવા જણાવવામાં આવે છે.



[Signature]
10/09/2024
ખાસ ફરજ પરના અધિકારી
(એકેડેમિક)

ક્રમાંક/બીકેએનએમયુ/ એકેડેમિક/૧૨૧૮/૨૦૨૪

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી,

સરકારી પોલીટેકનિક કેમ્પસ,

ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી રોડ,

ખડીયા, જૂનાગઢ-૩૬૨૨૬૩

તા.૧૦/૦૯/૨૦૨૪

પ્રતિ,

- ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી સંલગ્ન આર્ટસ વિદ્યાશાખાનાં અભ્યાસક્રમો ચલાવતી તમામ કોલેજોના આચાર્યશ્રીઓ તરફ....

નકલ સાદર રવાના:-

- માન.કુલપતિશ્રી/કુલસચિવશ્રીનાં અંગત સચિવશ્રી.
- પરીક્ષા નિયામકશ્રી, ભક્તકવિ નરસિંહ મહેતા યુનિવર્સિટી, જૂનાગઢ

નકલ રવાના જાણ તથા યોગ્ય કાર્યવાહી અર્થે:

- સીસ્ટમ મેનેજરશ્રી, આઈ.ટી.સેલ વિભાગ (વેબસાઈટ ઉપર પ્રસિદ્ધ થવા અર્થે.)



**BHAKTA KAVI NARSINH MEHTA UNIVERSITY
JUNAGADH**



BOARD OF **PSYCHOLOGY STUDIES
FACULTY OF **ARTS**
SYLLABUS FOR
BACHELOR OF ARTS (HONOURS) PROGRAMME
(SEMESTER- I)
EFFECTIVE FROM JUNE, 2023**

Bhakta Kavi Narsinh Mehta University
Syllabus of Bachelor of Arts (B.A) as per NEP
Effective from June 2023
Subject: B.A. (PSYCHOLOGY)

SEMESTER – I							
No.	Category of Course	Title of Course	Credits	IM	EM	TM	Course/paper Code
1	MAJOR-1	Basic Psychological Process-I	04	50	50	100	
2	MAJOR-2	Developmental Psychology-I	04	50	50	100	
3	MINOR-1	Basic Psychological Process–I	04	50	50	100	
4	MD/ID-1	Psychology in Education–I	04	50	50	100	
		Total	16				

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Semester-1
Effective from June, 2023

Preamble (અભિપ્રાય)

NEP has given rise to a novel dimension in fine tuning and accelerating the learning process of a student. Keeping this in mind emergence of LOCF (Learning Outcome-based Framework) has taken place. Psychology as a science/social science tries to understand the behaviour of an individual in different situations making the learner to get equipped with various abilities to lead life with refined knowledge and talent as well as making it more student centric. In the present context the syllabi of Psychology (BA) is framed in such a way to gain fundamental and advanced knowledge of psychology along with enhanced skills. Further, preparing the students to get ready to meet the needs of job market.

The concept of Psychology in the 1st semesters throw light on basic information about psychology making the beneficiary to acquire and develop the knowledge about psychology in terms of sensation, attention, perception, memory, learning, decision making, emotions, motivation, intelligence, thinking and reasoning as well as personality along with experiments.

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Programme Objectives (પ્રોગ્રામના હેતુઓ):

- To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life
- To apply the principles of psychology in day-to-day life for a better understanding of themselves and others
- To acquaint students with the knowledge of human development and develop mental processes along with theories.
- The objective of this course is to facilitate the students with the concepts of Psychology knowledge and to make them understand the Importance of roots of Psychology.
- To make the students understand, knowledge and analyses it and apply it to their day to day life.
- Ability to administer, analyse and interpret results from various psychological tools. Expanded knowledge of various assessment procedures. Learning regarding conduction of experiments.

Programme Specific Outcomes (પ્રોગ્રામના ચોક્કસ પરિણામો):

- Describe the evolution of psychology and gain basic knowledge about Psychology.
- Identify the various approaches, fields, and subfields of psychology along with their major concepts and important figures.
- Describe the value of psychology and possible careers paths for those who study psychology.
- Students will understand the fundamental mental processes which are base for behaviour.
- The students with the concepts of Psychology knowledge and to make them understand the Importance of roots of Psychology.
- To make the students understand, knowledge and analyses it and apply it to their day today life.
- Ability to administer, analyses and interpret results from various psychological tools.
- Expand knowledge of various assessment procedures
- Knowledge of the ways to interpret the scores obtained through experiments and learn to discover the difference in between experimental and non-experimental set-up

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Course Level	U.G (4.5)		Teaching Hours	60
Programme	B.A (Psychology)		Internal Marks	50
Semester	I		External Marks	50
Course Type	MAJOR		Total	100
			Exam Duration	2:00 Hrs.
Credit	04		Course Code	
Course Title:	Basic Psychological Process-I			

Course Objectives:

- Students will understand the genesis of Psychology and its importance
- Students will gain basic knowledge about Psychology
- Students will understand the fundamental mental processes which are base for behaviour
- Students understand the Applications of Psychology in various field
- To understand the fundamental processes underlying human behaviour such as processes underlying Motivation, Emotion, sensation, perception and Attention
- To understand the dynamics of Motivation, Emotions, Perception and Attention

Course Level Learning outcomes:

- This paper will provide students with an introduction to the key concepts and theories in psychology
- Critically evaluate and identify determinants of motivation.
- Evaluate and understand the different human emotions.
- Describe the Attention and determinants of Attention.
- Differentiate between sensation and perception.
- Explain the process of Perception.

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COURSE CONTENTS		
Units	Unit Description	No. of Lectures
Unit 1	1. Definition of Psychology – મનોવિજ્ઞાનની વ્યાખ્યા 2. Old definition of Psychology– મનોવિજ્ઞાનની જૂની વ્યાખ્યા 3. New and Working Definition of Psychology- મનોવિજ્ઞાનની નવી અને કાર્યકારી વ્યાખ્યા 4. Psychology as a Behavioural Science– વર્તણૂકીય વિજ્ઞાન તરીકે મનોવિજ્ઞાન 5. Goals of Psychology– મનોવિજ્ઞાનના ધ્યેયો Description– વર્ણન- *Understanding and Explanation - સમજણ અને સમજૂતી *Prediction– આગાહી *Control–નિયંત્રણ *Application – અરજી 6. The Subfields of Psychology– મનોવિજ્ઞાનની પેટા શાખાઓ *Clinical Psychology-ચિકિત્સા મનોવિજ્ઞાન *Counseling Psychology– સલાહ મનોવિજ્ઞાન *School and Educational Psychology– શાળા અને શૈક્ષણિક મનોવિજ્ઞાન *Personality and Social Psychology– વ્યક્તિત્વ અને સામાજિકલક્ષી મનોવિજ્ઞાન *Developmental Psychology – વિકાસાત્મક મનોવિજ્ઞાન *Psychometric Psychology– માનોમાપનનું મનોવિજ્ઞાન *Industrial and Organizational Psychology – ઔદ્યોગિક અને સંસ્થાકીય મનોવિજ્ઞાન *Experimental Psychology– પ્રાયોગિક મનોવિજ્ઞાન *Physiological Psychology- શારીરિક મનોવિજ્ઞાન-	15

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	*Cognitive Psychology – જ્ઞાનાત્મક મનોવિજ્ઞાન *Psychology of personality – વ્યક્તિત્વનું મનોવિજ્ઞાન *Environmental Psychology – પર્યાવરણીય મનોવિજ્ઞાન *Sports Psychology- રમતગમત મનોવિજ્ઞાન *Military Psychology- લશ્કરી મનોવિજ્ઞાન *Political Psychology- રાજકીય મનોવિજ્ઞાન Applicability of Psychology– મનોવિજ્ઞાનની પ્રયોજ્યતા Indigenous Indian Approaches of Psychology - સ્વદેશી ભારતીય મનોવિજ્ઞાનના અભિગમો *Approach of Psychology in Shrimadbhagawad Geeta– શ્રીમદ્ ભાગવત ગીતામાં મનોવિજ્ઞાનનો અભિગમ *Approach of Psychology in Sankhya Darshan- સાંખ્યદર્શનમાં મનોવિજ્ઞાનનો અભિગમ *Approach of Psychology in Buddhism – બૌદ્ધવાદમાં મનોવિજ્ઞાનના અભિગમ The Methods of Psychology – મનોવિજ્ઞાનની પદ્ધતિઓ *Natural and Systematic Observation– કુદરતી અને વ્યવસ્થિત અવલોકન *Clinical Methods– ચિકિત્સા પદ્ધતિઓ * Survey Method– સર્વેક્ષણ પદ્ધતિ *Experimental Method– પ્રાયોગિક પદ્ધતિ *Interview Method – મુલાકાત પદ્ધતિ *Questionnaire Method-પ્રશ્નાવલી પદ્ધતિ	
Unit 2	1. Definition and Nature of Motivation (Motivational Cycles)– પ્રેરણાનો અર્થ અને વ્યાખ્યા તથા સ્વરૂપ (પ્રેરણા ચક્ર) 2. Measurement of Motivation-પ્રેરણાનું માપન 3. Primary Motives-પ્રત્મિક પ્રેરણાઓ (i) Hunger and Thirst– ભૂખ અને તરસ 4. Sex and Maternal Drive– જાતીય અને માતૃત્વની પ્રેરણા	15

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	Social Motives-સામાજિક પ્રેરણા (i) Affection and Affiliation- સ્નેહ અને સંપર્કની પ્રેરણા (ii) Social approval and Esteem- સામાજિક સ્વીકાર અને આત્મ ગૌરવની પ્રેરણા (iii) Achievement Motivation – સિદ્ધિની પ્રેરણા	
Unit 3	1. Definition and Nature of Emotion – આવેગની વ્યાખ્યા અને સ્વરૂપ 2. Psychological changes during Emotion – આવેગ દરમિયાન શારીરિક ફેરફારો 3. Measurement of Automatic changes – સ્વયં સંચાલિત ફેરફારોનું માપન 4. Expression of Emotion- આવેગની અભિવ્યક્તિ 5. Dimensions of Emotion- આવેગના પરિણામો 6. Emotional Development- આવેગાત્મક વિકાસ 7. Control of Emotion- આવેગનું નિયંત્રણ	15
Unit -4	1. Definition and Nature of Attention- ધ્યાનની વ્યાખ્યા અને સ્વરૂપ 2. Determinants of Attention – ધ્યાનના નિર્ધારકો *External or Objective Determinants of Attention – ધ્યાનના બાહ્ય અથવા વસ્તુલક્ષી નિર્ધારકો *Internal or Subjective Determinants of Attention - ધ્યાનના આંતરિક અથવા વસ્તુલક્ષી નિર્ધારકો 3. Meaning or Definition of Perception- પ્રત્યક્ષીકરણનો અર્થ અને વ્યાખ્યા 4. Object Perception – પદાર્થનું પ્રત્યક્ષીકરણ *Figure and Ground – આકૃતિ અને પાશ્ચાદભૂમિકા *Grouping (Law of Perceptual Organisation)- પ્રત્યક્ષીકરણના સંગઠનના નિયમો *Closure- પૂર્તિ	15

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REFERENCE BOOKS:

1. Baron, R. & Misra. G.(2013). Psychology. Pearson.
2. Chadha, N.K. & Seth, S.(2014). The Psychological Realm: An Introduction.Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K., & Meyer, G. E.(2010). Psychology: South Asian Edition. NewDelhi: Pearson Education.
4. Passer, M.W. & Smith, R.E.(2010). Psychology: The science of mind andbehaviour. New Delhi: Tata McGraw-Hill.
5. Morgan, C. T., King, R. A., Weiss, J. R. and Schopler, J. (2012). (Latest Edition).Introduction to Psychology. Tata McGraw Hill
6. Education Pvt. New Delhi.

ONLINE RESOURCES:

1. http://gg.gg/Introduction-to-Psychology_Book_1
2. http://gg.gg/Introduction-to-Psychology_Book_2
3. http://gg.gg/Introduction-to-Psychology_Book_3

ONLINE VIDEO RESOURCES

1. <https://youtu.be/2fbrl6WoIyo>
2. <https://www.youtube.com/watch?v=nrBSxKZUHcs>

INTERNAL EVALUATION SCHEME		
NO	Particulars	Marks
1	Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self-test/ Online test	05
6	Essay/Article writing	05
7	Quizzes/Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Reports Writing	05
11	Research/Dissertation	05
12	Case Studies	05

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13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co-curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
	Total	50

Note: Sr.No.1 is mandatory. Select any five from Sr.No.2 to 24. Each Contains five marks. Student should secure 18 Marks for passing in internal Exam.

Paper Style

Ques. No.	Particulars	From which Unit	Marks
Que. 1	Question 1	1	10
	Or		
	Question 1		
Que. 2	Question 2	2	10
	Or		
	Question 2		
Que. 3	Question 3	3	10
	Or		
	Question 3		
Que. 4	Question 4	4	10
	Or		
	Question 4		
Que. 5	Write a Short Note. (2/4)	From Each Unit	10
		Total	50

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Course Level	U.G (4.5)		Teaching Hours	60
Programme	B.A (Psychology)		Internal Marks	50
Semester	I		External Marks	50
Course Type	MAJOR		Total	100
Credit	04		Exam Duration	2:00 Hrs.
Course Title:	Developmental Psychology–I		Course Code	

Course Objectives:

- The core course of psychology named developmental psychology consist four units, all unit are compact and suitable to understand further development of next core course. The unitno.1 to 4 are sets according to human development which covers life span of human being, upto unit 4 teacher will teach physical development of child. The teachers have total freedom to teach and explain thoroughly as herewith a book is mentioned but a teacher want to take another of his/her choice he/she can take and run through it.
- To facilitate awareness of the methods of study to understand child development.
- To provide students with an awareness about the various stages in physical, cognitive, emotional and social development in infancy and childhood.

Course Learning outcomes:

- In first part of developmental psychology student will come to understand basic concept of development and Growth.
- Student will come to understand child development; what factors are effectives in development of child.
- Unit 2 will introduce to Prenatal Development and complex blend of genetic and environmental influences that leads parents and children to be both alike and different. student understand genetic code. Which cell create sex of child and how? How the baby is delivering normal way.

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- Unit-3 will cover the Characteristics of the infant stage and how the child develops in the infant stage as well as patterns of child development in infant stage.
- Unit 4 will cover the overall Childhood development as well as patterns of child development in early childhood and late childhood.

COURSE CONTENTS		
Units	Unit Description	No. of Lectures
Unit 1	- વિકાસલક્ષી મનોવિજ્ઞાનનો અર્થ અને પ્રકૃતિ The Meaning and Nature of Developmental Psychology. - વિકાસના વિવધ તબક્કો Various Stages of Development - વિકાસલક્ષી મનોવિજ્ઞાનની પદ્ધતિ Method of Developmental Psychology - જીવનચરિત્ર પદ્ધતિ - Biographical Method - અવલોકન પદ્ધતિ – Observation Method - પ્રશ્નાવલી પદ્ધતિ –Questionnaire Method - કેસ સ્ટડી પદ્ધતિ - Case Study Method - પ્રાયોગિક પદ્ધતિ –Experimental Method - વિકાસલક્ષી મનોવિજ્ઞાનના ઉદ્દેશ્યો અને મહત્વ અથવા વિકાસલક્ષી મનોવિજ્ઞાનની ઉપયોગિતા Objectives of Developmental Psychology and Importance or Utility of Developmental Psychology - વિકાસ અને વૃદ્ધિ વચ્ચેનો તફાવત - Differences between Development and Growth - વિકાસલક્ષી પ્રક્રિયાઓ અને સમયગાળો : જૈવિક, જ્ઞાનાત્મક અને સામાજિક-ભાવનાત્મક પ્રક્રિયા - Developmental Processes and periods : Biological, cognitive and socio-emotional Process - વિકાસને અસર કરતા પરિબલો - Factors affecting Development	15
Unit 2	વિકાસલક્ષી મનોવિજ્ઞાનના ઉદ્દેશ્યો અને વિકાસલક્ષી મનોવિજ્ઞાનનું મહત્વ અથવા ઉપયોગિતા.- Objectives of Developmental	15

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	Psychology and Importance or Utility of Developmental Psychology. 1. વિકાસ અને વૃદ્ધિ વચ્ચેનો તફાવત - Difference between Development and Growth 2. Developmental Processes and Periods: Processes, Biological, Cognitive and Socio-Emotional 3. વિકાસને અસર કરતા પરિબળો Factors Affecting Development 4. ગર્ભાધાન – Fertilization 5. પ્રિનેટલ વિકાસના તબક્કા - Stages of prenatal development 6. જન્મ પ્રક્રિયા – Birth Process 7. આનુવંશિકતા અને પર્યાવરણ - Heredity and environment 8. પ્રિનેટલ ડેવલપમેન્ટને અસર કરતા પરિબળો – Factors affecting prenatal Development 9. ફિસમસ પૂર્વેના સમયગાળા સાથે સંબંધિત શારીરિક અને મનોવૈજ્ઞાનિક જોખમો - Physical and Psychological hazards related to pre-natal period 10. ગર્ભસંસ્કાર – Garbhasanskar	
Unit 3	1. બાલ્યાવસ્થાની લાક્ષણિકતા - Characteristic of Infancy 2. બાળપણમાં શારીરિક વિકાસ - Physical development in Infancy 3. સંવેદનશીલતા સાથે સંબંધિત શિશુઓ (નવજાત) ની લાક્ષણિકતાઓ -Characteristics of Infants (newborns) related to Sensitivities 4. બાળપણના તબક્કા દરમિયાન ક્રિયાત્મક વિકાસ - Motor development during Infancy stage 5. બાળપણનો જ્ઞાનાત્મક વિકાસ - Cognitive development of infancy 6. જ્ઞાનાત્મક વિકાસનો પિગેટનો સિદ્ધાંત - Piaget's theory of cognitive development 7. બાલ્યાવસ્થામાં ભાષા, ભાવનાત્મક, સામાજિક અને વ્યક્તિત્વનો વિકાસ (બાળપણ) - Language, Emotional, Social and Personality development in Infancy (Babyhood)	15

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	8. ખ્યાલ રચના - Concept formation 9. જીવન અને મૃત્યુની વિભાવનાઓ - Concepts of life and death 10. કારણ - ક્રિયા ખ્યાલ - Concept of Cause-Action 11. સ્થાનનો ખ્યાલ - Concept of location 12. વજનની વિભાવના ઝિવેલ્ઝીસી એલ્વાલ્ટ-સંખ્યા સંબંધિત ખ્યાલ -Concept of weight zivellzici Elvalct-Number related concept 13. બાળપણના વિકાસ કાર્યો - Development tasks of infancy 14. નવજાત શિશુના જન્મ અને નવજાત શિશુઓના સમાયોજનને લગતા મુખ્ય જોખમો - main hazards related to the birth of neonates and adjustment of neonates 1. જોખમો – hazards 2. શારીરિક જોખમો–Physical hazards 3. મનોવૈજ્ઞાનિક જોખમો – Psychological hazards સમાયોજન - Adjustment 1. પોષણ સંબંધિત સમાયોજન - Adjustment regarding nourishment 2. તાપમાન ફેરફારો સંબંધિત સમાયોજન - Adjustment related to temperature changes 3. શ્વસન પ્રણાલી સંબંધિત સમાયોજન - Adjustment related to respiration systems 4. કચરો દૂર કરવા સંબંધિત ગોઠવણ - Adjustment related to eliminate wastes	
Unit -4	1. બાળપણની લાક્ષણિકતાઓ, જરૂરિયાતો અને સમસ્યાઓ - Characteristics, Needs and Problems of Childhood 2. બાળપણનો વિકાસ - development of childhood 3. બાળપણ દરમિયાન ક્રિયાત્મક વિકાસ અને બાળપણની ક્રિયાત્મક કુશળતા Motor development during Childhood and Motor skill of Childhood 4. બાળપણનો જ્ઞાનાત્મક અને ભાષા વિકાસ - Cognitive and language development of childhood 5. પ્રારંભિક બાળપણના વિકાસ કાર્યો - Development tasks of early childhood	15

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	6. અંતમાં બાળપણ વિકાસ - Late childhood development 7. અંતમાં બાળપણના વિકાસ કાર્યો - Development tasks of late childhood 8. બાળપણના વિવિધ ખ્યાલોનો વિકાસ Development of various concepts of childhood	
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1. Hurlock, E. (1980). Developmental Psychology, Tata McGraw Hill Publishing.
2. Penney Upton (2014). Developmental Psychology, Pearson Publishing Company. Link:
3. Papalia, D. E., Olds, S.W., & Feldman, R.D. (2004). Human Development. 9th ed. New Delhi: McGraw
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5. Travers, D. (1999). Human Development. Across the Life Span. 4th ed. London: McGraw Hill.

ONLINE VIDEO RESOURCES:

1. <https://www.youtube.com/watch?v=XrvotGHKUr4>
2. <https://www.youtube.com/watch?v=9H2LxJ9CuZ0>
3. <https://www.youtube.com/watch?v=5vPSlIz3jb>

INTERNAL EVALUATION SCHEME		
NO	Particulars	Marks
1	Mid Semester Exam (Mandatory)	25
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3	Open book exam/test	05
4	Open note exam/test	05
5	Self-test/ Online test	05
6	Essay/Article writing	05
7	Quizzes/Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Reports Writing	05
11	Research/Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05

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14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co-curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
	Total	50

Note: Sr.No.1 is mandatory. Select any five from Sr.No.2 to 24. Each Contains five marks. Student should secure 18 Marks for passing in internal Exam.

Paper Style

Ques. No.	Particulars	From which Unit	Marks
Que. 1	Question 1	1	10
	Or		
	Question 1		
Que. 2	Question 2	2	10
	Or		
	Question 2		
Que. 3	Question 3	3	10
	Or		
	Question 3		
Que. 4	Question 4	4	10
	Or		
	Question 4		
Que. 5	Write a Short Note. (2/4)	From Each Unit	10
		Total	50

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Course Level	U.G (4.5)		Teaching Hours	60
Programme	B.A (Psychology)		Internal Marks	50
Semester	I		External Marks	50
Course Type	MINOR		Total	100
Credit	04		Exam Duration	2:00 Hrs.
Course Title:	Basic Psychological Process-I		Course Code	PSY-DSCM101/MI101

Course Objectives:

- Students will understand the genesis of Psychology and its importance.
- Students will gain basic knowledge about Psychology.
- Students will understand the fundamental mental processes which are base for behaviour.
- Students understand the Applications of Psychology in various field.
- To understand the fundamental processes underlying human behaviour such as processes underlying Motivation, Emotion, sensation, perception and Attention.
- To understand the dynamics of Motivation, Emotions, Perception and Attention.

Course Level Learning outcomes:

- This paper will provide students with an introduction to the key concepts and theories in psychology.
- Critically evaluate and identify determinants of motivation.
- Evaluate and understand the different human emotions.
- Describe the Attention and determinants of Attention.
- Differentiate between sensation and perception.
- Explain the process of Perception.

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COURSE CONTENTS		
Units	Unit Description	No. of Lectures
Unit 1	1. Definition of Psychology – મનોવિજ્ઞાનની વ્યાખ્યા 2 Old definition of Psychology– મનોવિજ્ઞાનની જૂની વ્યાખ્યા 3 New and Working Definition of Psychology- મનોવિજ્ઞાનની નવી અને કાર્યકારી વ્યાખ્યા 4 Psychology as a Behavioural Science– વર્તણૂકીય વિજ્ઞાન તરીકે મનોવિજ્ઞાન 5 Goals of Psychology– મનોવિજ્ઞાનના ધ્યેયો Description–વર્ણન- *Understanding and Explanation - સમજણ અને સમજૂતી *Prediction– આગાહી *Control–નિયંત્રણ *Application – અરજી 6. The Subfields of Psychology– મનોવિજ્ઞાનની પેટા શાખાઓ *Clinical Psychology-ચિકિત્સા મનોવિજ્ઞાન *Counseling Psychology– સલાહ મનોવિજ્ઞાન *School and Educational Psychology– શાળા અને શૈક્ષણિક મનોવિજ્ઞાન *Personality and Social Psychology– વ્યક્તિત્વ અને સામાજિકલક્ષી મનોવિજ્ઞાન *Developmental Psychology – વિકાસાત્મક મનોવિજ્ઞાન *Psychometric Psychology– માનોમાપનનું મનોવિજ્ઞાન *Industrial and Organizational Psychology – ઔદ્યોગિક અને સંસ્થાકીય મનોવિજ્ઞાન *Experimental Psychology– પ્રાયોગિક મનોવિજ્ઞાન	15

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	*Physiological Psychology- શારીરિક મનોવિજ્ઞાન- *Cognitive Psychology – જ્ઞાનાત્મક મનોવિજ્ઞાન *Psychology of personality – વ્યક્તિત્વનું મનોવિજ્ઞાન *Environmental Psychology – પર્યાવરણીય મનોવિજ્ઞાન *Sports Psychology- રમતગમત મનોવિજ્ઞાન *Military Psychology- લશ્કરી મનોવિજ્ઞાન *Political Psychology- રાજકીય મનોવિજ્ઞાન Applicability of Psychology– મનોવિજ્ઞાનની પ્રયોજ્યતા Indigenous Indian Approaches of Psychology - સ્વદેશી ભારતીય મનોવિજ્ઞાનના અભિગમો *Approach of Psychology in Shrimadbhagawad Geeta– શ્રીમદ્ ભાગવત ગીતામાં મનોવિજ્ઞાનનો અભિગમ *Approach of Psychology in Sankhya Darshan- સાંખ્યદર્શનમાં મનોવિજ્ઞાનનો અભિગમ *Approach of Psychology in Buddhism – બૌદ્ધવાદમાં મનોવિજ્ઞાનના અભિગમ The Methods of Psychology – મનોવિજ્ઞાનની પદ્ધતિઓ *Natural and Systematic Observation– કુદરતી અને વ્યવસ્થિત અવલોકન *Clinical Methods– ચિકિત્સા પદ્ધતિઓ * Survey Method– સર્વેક્ષણ પદ્ધતિ *Experimental Method– પ્રાયોગિક પદ્ધતિ *Interview Method – મુલાકાત પદ્ધતિ *Questionnaire Method-પ્રશ્નાવલી પદ્ધતિ	
Unit 2	1. Definition and Nature of Motivation (Motivational Cycles)–પ્રેરણાનો અર્થ અને વ્યાખ્યા તથા સ્વરૂપ (પ્રેરણા ચક્ર) 2. Measurement of Motivation-પ્રેરણાનું માપન 3. Primary Motives-પ્રત્મિક પ્રેરણાઓ	

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	- Hunger and Thirst- ભૂખ અને તરસ 4. Sex and Maternal Drive- જાતીય અને માતૃત્વની પ્રેરણા Social Motives-સામાજિક પ્રેરણા - Affection and Affiliation- સ્નેહ અને સંપર્કની પ્રેરણા - Social approval and Esteem- સામાજિક સ્વીકાર અને આત્મ ગૌરવની પ્રેરણા - Achievement Motivation – સિદ્ધિની પ્રેરણા	15
Unit 3	1. Definition and Nature of Emotion – આવેગની વ્યાખ્યા અને સ્વરૂપ 2. Psychological changes during Emotion – આવેગ દરમિયાન શારીરિક ફેરફારો 3. Measurement of Automatic changes – સ્વયં સંચાલિત ફેરફારોનું માપન 4. Expression of Emotion- આવેગની અભિવ્યક્તિ 5. Dimensions of Emotion- આવેગના પરિણામો 6. Emotional Development- આવેગાત્મક વિકાસ 7. Control of Emotion- આવેગનું નિયંત્રણ	15
Unit -4	1. Definition and Nature of Attention– ધ્યાનની વ્યાખ્યા અને સ્વરૂપ 2. Determinants of Attention – ધ્યાનના નિર્ધારકો * External or Objective Determinants of Attention – ધ્યાનના બાહ્ય અથવા વસ્તુલક્ષી નિર્ધારકો *Internal or Subjective Determinants of Attention - ધ્યાનના આંતરિક અથવા વસ્તુલક્ષી નિર્ધારકો 3. Meaning or Definition of Perception– પ્રત્યક્ષીકરણનો અર્થ અને વ્યાખ્યા 4. Object Perception – પદાર્થનું પ્રત્યક્ષીકરણ *Figure and Ground – આકૃતિ અને પાશ્ચાદભૂમિકા *Grouping (Law of Perceptual Organisation)- પ્રત્યક્ષીકરણના	15

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	સંગઠનના નિયમો *Closure- પૂર્તિ	
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REFERENCE BOOKS:

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2. Chadha, N.K. & Seth, S.(2014). The Psychological Realm: An Introduction . Pinnacle Learning, New Delhi.
3. Ciccarelli, S. K., & Meyer, G. E.(2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
4. Passer, M.W. & Smith, R.E.(2010). Psychology: The science of mind andbehaviour. New Delhi: Tata McGraw-Hill.
5. Morgan, C. T., King, R. A., Weiss, J. R. and Schopler, J. (2012). (Latest Edition).Introduction to Psychology. Tata McGraw Hill
6. Education Pvt. New Delhi.

ONLINE RESOURCES:

1. http://gg.gg/Introduction-to-Psychology_Book_1
2. http://gg.gg/Introduction-to-Psychology_Book_2
3. http://gg.gg/Introduction-to-Psychology_Book_3

ONLINE VIDEO RESOURCES:

1. <https://youtu.be/2fbrl6WoIyo>
2. <https://www.youtube.com/watch?v=nrBSxKZUHcs>

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11	Research/Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
18	Interview	05
19	Craft work	05
20	Co-curricular work	05
21	Field Assignment	05
22	Poster Presentation	05
23	Attendance	05
24	Project Work	05
	Total	50

Note: Sr.No.1 is mandatory. Select any five from Sr.No.2 to 24. Each Contains five marks. Student should secure 18 Marks for passing in internal Exam.

Paper Style

Ques. No.	Particulars	From which Unit	Marks
Que. 1	Question 1	1	10
	Or		
	Question 1		
Que. 2	Question 2	2	10
	Or		
	Question 2		
Que. 3	Question 3	3	10
	Or		
	Question 3		
Que. 4	Question 4	4	10
	Or		
	Question 4		
Que. 5	Write a Short Note. (2/4)	From Each Unit	10
		Total	50

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Course Level	U.G (4.5)	Teaching Hours	60
Programme	B.A (Psychology)	Internal Marks	50
Semester	I	External Marks	50
Course Type	Inter/Multidisciplinary	Practical Marks	100
Course title	Psychology in Education–I	Total	2:00 Hrs.
Credit	04	Exam Duration	2:30 Hrs.
Course Code	PSY-MD101		

Course Objectives:

- The core course of psychology named Educational psychology consist four unit, all unit are compact and suitable to understand further Educational of multidisciplinary course in unit no.1 to 4 are sets of Educational Psychology which covers education of students and teacher, up to unit 4 teacher will Teach educational psychology of student.
- The teachers have total freedom to teach and explain thoroughly as herewith a book is mentioned but a teacher want to take another of his/her choice he/she can take and run through it.

Course Learning outcomes:

- Unit-1 has given the concept of achievement motivation and personality measurement tests which will be useful in measuring the academic achievement and personality of the student in shaping the personality.
- Unit-2 provides an explanation of the concepts of intelligence, aptitude and creativity which will be useful in the academic development of the students.
- Unit 3 the points covered in this unit will be helpful in how special types of children can receive educational adjustments, guidance and counselling.
- Unit 4 the issues covered in this unit will help in developing the discipline and socializing of students and in creating a constructive classroom environment.

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COURSE CONTENTS		
Units	Unit Description	No. of Lectures
Unit 1 Introduction	1. Meaning of Psychology and education મનોવિજ્ઞાન અને શિક્ષણનો અર્થ 2. Education and Educational Psychology શિક્ષણ અને શૈક્ષણિક મનોવિજ્ઞાન 3. Objective and Educational Psychology શૈક્ષણિક મનોવિજ્ઞાનનાં હેતુઓ 4. Nature of Educational Psychology શૈક્ષણિક મનોવિજ્ઞાનનું સ્વરૂપ 5. Scope of Educational Psychology શૈક્ષણિક મનોવિજ્ઞાનનો કાર્યક્ષેત્ર 6. Functions of Educational Psychology શૈક્ષણિક મનોવિજ્ઞાનના કાર્યો 7. Significance of Educational Psychology શૈક્ષણિક મનોવિજ્ઞાનનું મહત્વ	15
Unit 2 Methods of Educational Psychology	1. Introduction પરિચય 2. Objective Observation Method વસ્તુલક્ષી નિરીક્ષણ પદ્ધતિ 3. Clinical Method ચીકીત્સા પદ્ધતિ 4. Case Study Method કિસ્સા (વ્યક્તિગત) અભ્યાસ પદ્ધતિ 5. Questionnaire Method પ્રશ્નાવલી પદ્ધતિ 6. Interview Method મુલાકાત પદ્ધતિ 7. Rating Method તુલા પદ્ધતિ	15
Unit 3 Motivation and incentive in	1. Meaning of Motivation પ્રેરણાનો અર્થ 2. Classification of motivation પ્રેરણાનું વર્ગીકરણ 3. Function of Motives in Learning Process.	15

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learning	શીખવાની પ્રક્રીયામાં પ્રેરનાનું કાર્ય 4. Role of Importance Motive & Incentives in Learning શીખવામાં મહત્વપૂર્ણ હેતુ અને પ્રોત્સાહનોની ભૂમિકા 5. Methods of Effective Learning. અસરકારક શિક્ષણની પદ્ધતિઓ. 6. Laws of learning and their applications in classroom શિક્ષણના નિયમો અને વર્ગખંડમાં તેની ઉપયોગીતાઓ 7. Factors influencing Classroom Learning વર્ગખંડના શિક્ષણને અસર કરતા પરિબલો કે ઘટકો. 8. Educational Implication and Evolution of Thorndike's theory of Learning થોર્ન્ડાઈકના શિક્ષણના સિદ્ધાંતનું શૈક્ષણિક સૂચિતાર્થ અને મૂલ્યાંકન 9. Educational implication and evolution of skinner's theory of learning. સ્કીનરના શિક્ષણના સિદ્ધાંતનું શૈક્ષણિક સૂચિતાર્થ અને મૂલ્યાંકન 10. Educational implication and evolution of kohler's insight theory કોહલરની આંતરસુઝ સિદ્ધાંતનું શૈક્ષણિક સૂચિતાર્થ અને મૂલ્યાંકન	
Unit -4 Memory Forgetting & Examination	1. Meaning of Memory. સ્મૃતિ (સ્મરણ) નો અર્થ 2. Types & Nature of Memory. સ્મૃતિ (સ્મરણ)નાં પ્રકારો અને સ્વરૂપ 3. Factors influence retention. ધારણને અસર કરતા પરીબલો 4. Meaning and Nature of forgetting. વિસ્મરણનો અર્થ અને સ્વરૂપ 5. Causes of forgetting. વિસ્મરણનાં કારણો 6. Meaning of Examination.	15

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	પરીક્ષાનો અર્થ 7. Education importance of examination પરીક્ષાનું શૈક્ષણિક મહત્વ 8. Characteristics of a good examination. સારી પરીક્ષાનાં લક્ષણો કે લાક્ષણિકતાઓ 9. Types of Examination- પરીક્ષાનાં પ્રકારો (A) Oral (B) Essay (C) Open Book Examination અ. મોખિક બ. નિબંધાત્મક ક. ખુલ્લું પુસ્તક પરીક્ષા	
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REFERENCE BOOKS:

1. SINGH, A.K. (2019): Educational psychology (4 th ed.) New Delhi; Bharti Bhavan.
2. SAX, G(1997): Principles of educational and psychological measurement and Education (4th ed.). Belmont : Wadsworth.
3. WOOLFOLK, A (2004): Educational Psychology. Delhi: Pearson education
4. SANTROCK, JW (2002): Life-Span Development (8 th ed). New York: McGrawHill
5. PARIKH, B.A. (1990): Introduction of Educational Psychology (4 th ed),
 Surat. Popular Prakashan
6. SHUKLA S.S. (2011): Educational Psychology (1 st ed), Agra, Agrawal Publication

ADDITIONAL RESOURCES:

1. પ્રાતીક તર્કશાસ્ત્ર- ડૉ. એસ.એસ. શર્મા, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, અમદાવાદ
2. તર્કશાસ્ત્ર પરિચય - ડૉ. રાજેશ્વરી કે. દવે, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, અમદાવાદ
3. Logic and Psychology – Kahane, Harvard Uni Press

MEDIA LINK OR E-BOOK (FREE):

1. <https://youtu.be/OEhmyajvDW>. (Gujarati)
2. <https://youtu.be/HhhNjRcww7U>. (Gujarati)
3. <https://youtu.be/OEDizkjuxuA>. (Hindi) (All course)
4. <https://youtu.be/DxcBdFPXaQ>. (Hindi)

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INTERNAL EVALUATION SCHEME		
NO	Particulars	Marks
1	Mid Semester Exam (Mandatory)	25
2	Class Test	05
3	Open book exam/test	05
4	Open note exam/test	05
5	Self-test/ Online test	05
6	Essay/Article writing	05
7	Quizzes/Objective test	05
8	Class assignment	05
9	Home assignment	05
10	Reports Writing	05
11	Research/Dissertation	05
12	Case Studies	05
13	Viva/Oral exam	05
14	Group Discussion	05
15	Role Play	05
16	Paper presentation/Seminar	05
17	Language Lab work	05
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